Love yourself...
Love your partner!

Proper, consistent use of a condom:

- Prevents transmission of HIV by 80-95%
- Reduces the risk of gonorrhea in men by 70%
- Reduces the risk of syphilis
- Consistent use prevents the spread of HIV
- Reduces the risk of sexually transmitted infection during oral sex
- Reduces the risk of HPV, herpes, Chlamydia, and pelvic inflammatory disease.
- Average cost of a condom is about a dollar.